Welcome to Charleston and the 2018 YVC Summit!

This is our annual opportunity to get together as a YVC family. It is a chance to learn from each other, celebrate our successes, and plot our way forward in a relaxing, encouraging and fun atmosphere.

For the first time our Summit is in South Carolina — an appropriate location since our first YVC program outside of Kansas City was founded in 1989 in the Palmetto State. South Carolina is currently home to three wonderful YVC programs: Anderson, Charleston, and Columbia.

All of us at YVCHQ are here to help this weekend and throughout the year. You inspire us.

Yours in service,

David Battey
President and Founder
Your Goals for Summit 2018

This is your Summit! Would you like to leave Charleston different than when you arrived? Use this page to set three goals to make the most of your Summit weekend. Do you want to learn something specific during workshops? Meet friends from more than 10 different YVC locations? Pick up a southern accent during your stay in South Carolina? Set a goal and work to make it happen!

1. 

2. 

3. 

YVC Headquarters Team

We want the YVC Summit to be the best experience possible for you. If there’s anything we can do to make your stay at the Summit better, please let us know. We’d love to meet you!

David Battey
President and Founder

Tracy Hale
Chief Executive Officer

Chelan David
Director of Development

AnnMarie Thomas
Director of Marketing and Communications

Amanda Moser
Director of Program Impact

Sagan Hundley
Program Specialist and Youth Advisor

AmeriCorps VISTA Fund Development Coordinator

Leah Boal
Manager of Affiliate Programming

Katie Merry
AmeriCorps VISTA Community Outreach Coordinator

Sydney Slavin
AmeriCorps VISTA Community Outreach Coordinator

Edrick Louidor
AmeriCorps VISTA Community Outreach Coordinator

Jame Sloan
AmeriCorps VISTA Marketing Coordinator

Sagan Hundley
Program Specialist and Youth Advisor

Sydney Nyquist
Office Manager and Project Coordinator
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
</table>
| 7:30 - 8:00 a.m. | LATE REGISTRATION  
Sterling Hall - Second Floor |
| 8:15 - 9:00 a.m. | BREAKFAST  
Hyatt Place - First Floor |
| 8:15 - 9:00 a.m. | OPENING GROUP SESSION - Welcome to Summit 2018!  
Ballroom B & C |
| 9:15 - 10:45 a.m. | WORKSHOPS  
Break the Ice  
Jessamine |
| 9:15 - 10:45 a.m. | Career Exploration:  
Tips, Tools, and More  
Ballroom A |
| 11:00 - 12:30 p.m. | WORKSHOPS  
Building Bridges: What World Do We Want To Build Through YVC?  
Ballroom B & C |
| 11:00 - 12:30 p.m. | Build Your Program Series:  
Quality Reflection  
Ballroom A |
| 11:00 - 12:30 p.m. | Developing Community: Build Lasting Legacy in our Built Environment  
Carolina |
| 12:30 - 1:30 p.m.   | LUNCH (Sandwiches, Chips, and Cookies)  
Ballroom B & C |
| 1:45 p.m.           | Leave for Service Project  
Meet in Ballroom B & C |
| 2:00 - 2:15 p.m.    | Group Photo  
MUSC (Off-Site) |
| 2:15 - 3:15 p.m.    | Icebreakers...  
Why Bother?  
MUSC (Off-Site) |
| 2:15 - 3:15 p.m.    | More Than Just Service Hours  
MUSC (Off-Site) |
| 3:15 - 4:15 p.m.    | Service Project  
(Wear Your Summit Shirts!)  
MUSC (Off-Site) |
| 3:15 - 4:15 p.m.    | Icebreakers...  
Why Bother?  
MUSC (Off-Site) |
| 4:15 - 5:00 p.m.    | Service Project  
MUSC (Off-Site) |
| 6:00 p.m.           | Night on your own!  
The evening is yours to explore Charleston and enjoy dinner on your own! Meet in the hotel lobby at 6 p.m. if you’d like to connect with other Summit attendees. |
| 12:30 - 1:45 p.m.   | Stock up on all of this and more at the YVC Store, open:  
Thursday:  
7:00 - 9:00 p.m.  
Friday:  
7:30 - 8:00 a.m.  
9:00 - 9:15 a.m.  
10:45 - 11:00 a.m.  
12:30 - 1:45 p.m.  
Saturday:  
7:30 - 8:00 a.m.  
11:45 a.m. - 12:00 p.m.  
1:00 - 1:15 p.m.  
2:45 - 3:00 p.m.  
Credit cards and cash are accepted.  
Limited quantities available. |
| 2:00 - 2:15 p.m.    | Gear up at the YVC Store!  
Wear Your Summit Shirts!  
MUSC (Off-Site) |
Saturday, November 3

<table>
<thead>
<tr>
<th>7:00 - 8:00 a.m.</th>
<th>Youth Volunteers</th>
<th>Program Directors</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BREAKFAST</strong></td>
<td>Hyatt Place - First Floor</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>8:15 - 8:25 a.m.</th>
<th>Youth Volunteers</th>
<th>Program Directors</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Native Land Acknowledgement</strong></td>
<td>Ballroom B &amp; C</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>8:30 - 10:00 a.m.</th>
<th>Youth Volunteers</th>
<th>Program Directors</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Projects That Build Bridges</strong></td>
<td>Ballroom B &amp; C</td>
<td></td>
</tr>
<tr>
<td><strong>Goal Setting: 5 Golden Rules for Success</strong></td>
<td>Ballroom A</td>
<td>Build Your Program Series: Roadmap to Raising Funds</td>
</tr>
<tr>
<td><strong>Build Your Program Series: Youth Leadership</strong></td>
<td>Carolina</td>
<td></td>
</tr>
<tr>
<td><strong>Build Your Program Series: Youth Leadership</strong></td>
<td>Carolina</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>10:15 - 11:45 p.m.</th>
<th>Youth Volunteers</th>
<th>Program Directors</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>What is Mental Health?</strong></td>
<td>Ballroom B &amp; C</td>
<td></td>
</tr>
<tr>
<td><strong>Civic Engagement Through YVC</strong></td>
<td>Ballroom A</td>
<td>Build Your Program Series: Crazy Growth</td>
</tr>
<tr>
<td><strong>Find It and Fund It: Grant Writing for Youth Volunteers</strong></td>
<td>Jessamine</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>12:00 - 1:00 p.m.</th>
<th>Youth Volunteers</th>
<th>Program Directors</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>LUNCH (Fiesta Buffet)</strong></td>
<td>The Alley</td>
<td>LUNCH (Fiesta Buffet)</td>
</tr>
<tr>
<td><strong>LUNCH (Fiesta Buffet)</strong></td>
<td>Executive Directors in Carolina</td>
<td></td>
</tr>
</tbody>
</table>

**WORKSHOPS**

**Saturday, November 3 (Continued)**

<table>
<thead>
<tr>
<th>1:15 - 2:45 p.m.</th>
<th>Youth Volunteers</th>
<th>Program Directors</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Empathy: Seeing the World Through a Broader Lens</strong></td>
<td>Ballroom C</td>
<td></td>
</tr>
<tr>
<td><strong>Find Your Voice: A Unique Look at Digital Citizenship</strong></td>
<td>Carolina</td>
<td>Sustainability Secrets</td>
</tr>
<tr>
<td><strong>Speaking With Your Hands: Fundamentals of American Sign Language (ASL)</strong></td>
<td>Ballroom B</td>
<td>Developing Your In-School Program</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>3:00 - 4:30 p.m.</th>
<th>Youth Volunteers</th>
<th>Program Directors</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>You Have Questions? They’ve Got Answers: Ask the Founders</strong></td>
<td>Carolina</td>
<td>News from HQ (Evaluation and Ydat)</td>
</tr>
<tr>
<td><strong>You Can’t Pour from an Empty Cup: Stress Management Training</strong></td>
<td>Ballroom B</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>6:30 - 8:30 p.m.</th>
<th>Youth Volunteers</th>
<th>Program Directors</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Award Ceremony and Dinner</strong></td>
<td>Ballroom B &amp; C</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>8:30 - 10:30 p.m.</th>
<th>Youth Volunteers</th>
<th>Program Directors</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Youth Networking Social</strong></td>
<td>Ballroom B &amp; C</td>
<td>Adult Networking Social</td>
</tr>
</tbody>
</table>

**WORKSHOPS**

**Don’t forget!**
Daylight saving time ends Sunday, November 4. Phones will automatically be set back an hour, so enjoy your extra hour of sleep!
## Workshop Descriptions

Learning, sharing ideas, leading, exploring, discussing and having FUN! Summit workshops are all that and more. On the following pages, you’ll find information about the workshops you can attend this weekend. Note each workshop is targeted to a certain audience.

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Location</th>
<th>Audience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Opening Group Session</td>
<td>Ballroom B &amp; C</td>
<td>YVC Program Directors and support staff, Youth Volunteers</td>
</tr>
</tbody>
</table>

**Opening Group Session**

We’re kicking off the Summit with a fun session that will set the foundation for an incredible weekend!

---

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Location</th>
<th>Audience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Building Bridges: Our Role as Adults in Empowering Inclusive Youth</td>
<td>Ballroom B &amp; C</td>
<td>Youth Volunteers</td>
</tr>
</tbody>
</table>

Join an interactive discussion on how we as YVC staff can lean in to create spaces for crucial conversations around diversity, inclusion and equity in our rapidly changing world. Come prepared to dive deeply into the individual lenses, experiences, biases, and privilege we each bring to the table and explore how we can create truly inclusive spaces for our youth leaders and provide a platform for each young person to find their leadership voice to reach their fullest potential as global citizens.

**Facilitator:** Chad Nico Hiu is Director of Diversity & Inclusion for the YMCA of the USA, where he leads integration of diversity, equity and inclusion strategies, principles and practices across the Y movement. Chad has traveled to 35 countries on almost every continent of the world and represented the Y-USA in global settings and the World YMCA movement at the United Nations.

---

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Location</th>
<th>Audience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Break the Ice</td>
<td></td>
<td>Jessamine</td>
</tr>
</tbody>
</table>

Break the ice at Summit 2018 with 90 minutes of nonstop games, get-to-know-yous and shenanigans. If your goal is meet new friends — this is the workshop for you!

**Facilitator:** Kelsey Grimshaw, Malorie Hunt, Madison Werner, Morgan Castillo and Sammie Buschman are members of the YAB at YVC Cedar City. Following their fearless leader, Cindy Rose, this group is passionate about all things volunteering and having fun!

---

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Location</th>
<th>Audience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Career Exploration: Tips &amp; Tools to Establish Your Competitive Advantage and Earn Scholarship $$$</td>
<td>Ballroom A</td>
<td>Youth Volunteers</td>
</tr>
</tbody>
</table>

Is college, career, and your future success on your mind? How can you distinguish yourself from the herd? We’ll discuss how to maximize career exploration opportunities, and learn about a free tool called STEMPremier.

**Facilitator:** Chad Vail started his career as an entrepreneur operating soft pretzel bakeries. It was his passion for developing employees that led him to his current role as Work-Based Learning Partnerships Coordinator for Charleston County School District. He has connected thousands of students with career exploration opportunities and is excited to do the same for you!

---

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Location</th>
<th>Audience</th>
</tr>
</thead>
<tbody>
<tr>
<td>IYAB Meeting</td>
<td>Carolina</td>
<td>Youth Volunteers</td>
</tr>
</tbody>
</table>

IYAB will use this time to work toward accomplishing their goals for the 2018-2019 term. Youth Grant Administration will be the name of the game for this meeting. Buckle up, IYAB!

**Facilitator:** Sagan Hundley, Program Specialist and Youth Advisor for YVC, is passionate about all things youth leadership and she feels blessed to hang out with the BEST youth leaders in North America. Tristen Caudle has served as a YVC Board Member since 2016. He brings, excitement, passion and selflessness to every team he joins. Tristen is incredibly passionate about the mission of YVC and enjoys spending time with youth volunteers in our network!

---

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Location</th>
<th>Audience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Building Bridges: What World Do We Want To Build Through YVC?</td>
<td>Ballroom B &amp; C</td>
<td>Youth Volunteers</td>
</tr>
</tbody>
</table>

As YVC youth, we have a unique opportunity to change the world — but to what, for what and how? Let’s get real about if we feel that we are effective and impactful as youth leaders in ensuring that all youth — our peers — feel safe and welcome at all YVC events and in every aspect of our lives. What does it mean to be truly inclusive, to celebrate diversity especially when we disagree or if our identities, beliefs or backgrounds are in conflict with one another? This is our world to change. Let’s get to it!

**Facilitator:** Chad Nico Hiu is Director of Diversity & Inclusion for the YMCA of the USA, where he leads integration of diversity, equity and inclusion strategies, principles and practices across the Y movement. Chad has traveled to 35 countries on almost every continent of the world and represented the Y-USA in global settings and the World YMCA movement at the United Nations.
### Workshop

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Location</th>
<th>Audience</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Friday 11:30 a.m. - 12:30 p.m. (continued)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Developing Community: Build Lasting</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Legacy in our Built Environment</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Building the foundation of a volunteer construction project can be overwhelming, but finding the right partner deepens education, creates opportunity, and most importantly — develops community. Experts from the American College of Building Arts will share insights about their projects with partners such as the Parks Service, the Charleston Animal Society, and others. You’ll gain ideas for new construction projects and agency partners, and have the chance to discuss YVCHQ’s latest funding opportunity — the Big Build Grant.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Facilitator:</strong> Simeon A. Warren is an architectural stone carver, sculptor, and conservator and the founding Dean and Director of the Traditional Masonry Program at the American College of the Building Arts. April Magill is principal architect at Root Down Designs and a proponent of educating others in球一个。</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Build Your Program Series:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Quality Reflection</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reflection. It’s a requirement of the YVC model, but sometimes it seems so confusing and complex! Join us as we demystify reflection. Explore the hows, the whys, the whens and the wheres of quality reflection. Practice some meaningful reflection methods and leave with over 100 reflection ideas!</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Facilitator:</strong> As Manager of Affiliate Programming, Leah Baal helps serve and support affiliates across the YVC network. A teacher by trade, Leah is passionate about education and making meaningful connections through reflection. She recently moved to Columbia, SC, and she really wants a dog.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

### Workshop

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Location</th>
<th>Audience</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Friday 2:15 - 5:00 p.m. (continued)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>The following two workshops are offered for Program Directors from 2:15 - 3:15 p.m. and again from 3:15 - 4:15 p.m., allowing all directors to attend both workshops. At 4:15 p.m., the group will reunite with the youth volunteers for the culmination of the service project.</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Icebreakers...Why Bother?</strong></td>
<td><strong>MUSC (Off-Site)</strong></td>
<td><strong>Program Directors</strong></td>
</tr>
<tr>
<td>This workshop will focus on the importance of icebreakers, team builders, and energizers on YVC projects. We all know the obvious answers, but it’s much more than that. What’s the risk of “unbroken ice?” We’ll discuss how to choose an icebreaker to best suit the needs of the project, and why some are better than others. We’ll discuss how to create a comfortable environment, work to make our youth feel safe, and be sure they are mingling and stepping outside their comfort zones. We’ll share resources, ideas, and techniques for implementing this important, but easily overlooked first step of a YVC project.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Facilitator:</strong> Morgan Greening is a Western Connecticut State University graduate with a BA in communication studies and a minor in justice and law administration. She was first introduced to Youth Volunteer Corps as an AmeriCorps member working with the WC program hosted by United Way of Western Connecticut. Morgan is the special projects coordinator for UWWCT and serves as YVC program director.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>More Than Just Service Hours: Tips for Making Projects Meaningful!</strong></td>
<td><strong>MUSC (Off-Site)</strong></td>
<td><strong>Program Directors</strong></td>
</tr>
<tr>
<td>How can program directors make projects impactful for youth despite constraints: time, setting, funding, and more? We’ll look at youth development through service and how to help youth build empathy and understanding of community needs while having fun! In this interactive session, we’ll discuss how to analyze “effective seed-planting” vs. “missed opportunities,” while brainstorming and sharing best practices.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Facilitator:</strong> Katie spent 6 years in Newport News Public Schools as a middle school counselor and sponsored a middle school and high school chapter of YVC. In 2016, Katie was recognized as the NNPS Teacher of the Year and Middle School Teacher of the Year. Her passion for service and love for students drew her to her new career path as the executive director of YVC of Hampton Roads.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

### YVC Summit Service Project

The most anticipated part of the Summit, the service project gives volunteers the opportunity to make a difference three different ways in the heart of Charleston:

- **Blessing Box Project:** We will be creating new “Take what you need, leave what you can” pantries that will be installed around the city to help feed the hungry.
- **Pallet Gardens:** We will be repurposing shipping pallets into vegetable garden beds, helping reduce waste while creating something that is nutritionally rewarding and educational.
- **Medical University of South Carolina Urban Garden:** We will be working in this urban garden that works to build a healthier community by growing crops and social connections while educating and inspiring people with local, nutritious and delicious food.
Native Land Acknowledgement

The Wassamasaw Tribe, the Edisto Natchez-Kusso Tribe, and the Santee Tribe are three state-recognized tribes of the South Carolina Low Country. Prior to European colonization, 19 tribes were indigenous to this area. This acknowledgement is a way to demonstrate respect for the history and culture of this area’s indigenous inhabitants and begin building a bridge that honors truth, awareness, and action.

Goal Setting: 5 Golden Rules for Success in Life

Setting and achieving goals is a life skill necessary for success and happiness. Setting goals will help you to figure out what you want to achieve in school and life. These 5 Golden Rules will help you to set effective goals as you move forward toward a more productive life.

Facilitator: Vicki Floyd Clark has devoted the past 30 years of her life to building capacity in organizations and inspiring community and business leaders. A noted speaker, facilitator, consultant and trainer, she has extensive experience in the nonprofit, government and private sectors. Vicki is a proud board member for Youth Volunteer Corps. She attended the University of Missouri and lives in Memphis, TN.

Build your Program Series:

Youth Leadership

Learn to lead with YVC! In this workshop, you will discover how to step up in your YVC program, support your program directors, and brainstorm ideas for various leadership roles within your program. Join us as we learn about all it takes to be a successful YVC program and how YOU can help! After all, at YVC, youth is our first name!

Facilitator: As Manager of Affiliate Programming, Leah Boal helps serve and support affiliates across the YVC network. Outside of YVC, Leah spends her time hiking, cooking, gardening, cheering on the KSU Wildcats, laughing with her husband, and avoiding running. She recently moved to Columbia, SC, and she really wants a dog.

Projects that Build Bridges

Learn from YVC IYAB members as they present their favorite construction-related projects! If you’re looking for more ideas on how to create incredible, engaging, construction-related service projects, don’t miss this workshop! As an added bonus, project planning templates will be provided!

Facilitator: YVC board member Melanie Tucker is excited to facilitate “Projects that Build Bridges.” She is Vice President-Finance for JE Dunn Construction Group, one of the largest construction companies in the United States. Melanie will introduce you to a few outstanding youth leaders in the YVC Network.

Build your Program Series:

Roadmap to Raising Funds

Navigating the roads to successful funding initiatives can be tricky. If you’re unsure of which road to be on, or how to hold the map, join us to discover which direction your program should head, and how to build and cross the bridge to find new funding possibilities.

Facilitator: As Director of Development, Chelan David is responsible for developing and implementing the YVCHQ fundraising strategy. Sydney Slavin started her VISTA position with no experience, and has since raised more than $40,000 in cash and in-kind donations. In 45 years as a YMCA director, Cathi Duchon raised over $350,000 annually and over $20 million in capital funds and is now a full time volunteer.
Civic Engagement through YVC

Welcome to Battey City! In this workshop, you’ll explore every facet of what it takes to be a community advocate through YVC. Learn to market, plan a project, fundraise, and advocate for Battey City. Sydney and Sagan are excited to help you explore skills to take your impact to the next level!

Facilitator: Sydney Slavin is an AmeriCorps VISTA serving with YVC as a fund development coordinator, although she likes to think her title is the FUN development coordinator. She’s a proud Ravenclaw (with a hint of Slytherin) who loves breakfast foods, Beyonce, and bad puns. Sagan Hundley is a program specialist and youth advisor at YVCHQ. She recently moved to Manhattan, KS, with her husband and their two dogs. She enjoys trips to the mountains, candles that smell like autumn, and laughing at fail videos.

Find It and Fund It: Grant Writing for Youth Volunteers

Do you have a rock solid volunteer project that deserves funding? Then you’re in the market for a grant. Great grants offer creative solutions to big community problems. This interactive and practical workshop will give you the opportunity to practice grant writing and reviewing skills and features a real grant opportunity you can apply for after Summit!

Facilitator: Amanda Moser is the director of program impact at YVC and a lifelong cheerleader. She loves travelling to national parks, listening to podcasts, and figuring out how to be a vegetarian. Tristen Caudle is a YVCHQ board member and works as a forensic economist while a student at UMKC. Tristen got his start with YVC as a Bank of America Student Leader working at YVCKC. Besides his passion for YVC, Tristen loves volunteering for the American Cancer Society. He loves to read, watch rom-com movies, eat tacos, and play with his two dogs at home.

What is Mental Health?

What is mental health? What can we do to help our friends and family members when we see them struggling? How do we ask the dreaded “S” question? This workshop will help you learn the warning signs of mental health conditions, when to ask for help, and who to call.

Facilitator: Lindsey Schwenk, LISW-CP, is a member of the Assessment / Mobile Crisis Team at Charleston County Mental Health Center. Lindsey has worked in the field of crisis intervention and school social work in Indiana and in South Carolina. In her spare time, Lindsey enjoys spending time with her husband and two huskies, Kayto and Luna.

Find Your Voice: A Unique Look at Digital Citizenship

It’s hard to deny that social media has become a huge part of our everyday lives. Explore how you can use your digital platforms to promote positivity by finding your own unique voice.

Facilitator: AnnMarie Thomas has been working in nonprofit leadership for over 12 years and believes it is important to be involved in the growth and development of a community as a whole. Her passion to work with others, drive their success, and inspire their creativity is evident by the way she approaches and implements educational opportunities, marketing strategies, and strategic planning. When not working, she spends time volunteering at Spay & Neuter Kansas City and enjoying the beautiful parks in her community.

Speaking With Your Hands: Fundamentals of American Sign Language (ASL)

Gain practical skills to become a bridge builder as you learn the fundamentals of American Sign Language, the history of sign language, and deaf culture. Participants will gain understanding through lecture, games, and class participation in a fun-filled environment.

Facilitator: Sonia Pagan has a passion for American Sign Language and is currently employed as an ASL Interpreter for the Berkeley County School District in Goose Creek, SC. Prior to her relocation to South Carolina, she was employed at Gallaudet University in Washington, DC. Gallaudet remains the world’s only university designed to be barrier-free for deaf and hard of hearing students. She believes in sharing the fundamentals of American Sign Language and deaf culture with children, youths and adults.
### Empathy: Seeing the World Through a Broader Lens

Empathy means more than treating others better—it means doing better. It means viewing the world through the eyes of others. In a time characterized by connectivity and change, students and adult leaders who learn to forge and navigate relationships will thrive in the classroom, workroom and boardroom. Empathizing with the feelings and perspectives of others is the foundation for good communication, teamwork, and strong leadership—no matter what path, jobs, or experiences you undertake, today and in the future.

**Facilitator:** Vicki Floyd Clark has devoted the past 30 years of her life to building capacity in organizations and inspiring community and business leaders. A noted speaker, facilitator, consultant and trainer, she has extensive experience in the nonprofit, government, and private sectors. Vicki is a proud board member for Youth Volunteer Corps. She attended the University of Missouri and lives in Memphis, TN.

### Sustainability Secrets

YVC has been part of the Corvallis, OR, community for over 20 years! Come hear how they have prioritized YVC sustainability and success throughout their host organization. Join this workshop to get an inside scoop on their secrets and bring a few home to your YVC program!

**Facilitator:** Kiaya Melton is the YVC coordinator in Corvallis, OR. As a former youth volunteer, she has a unique perspective into the operations of a successful and sustainable YVC program. When not leading YVC projects, Kiaya enjoys exploring tide pools, crappin', and whale watching on the coast. She’s also a big fan of the mountains and has never broken a bone!

### Developing Your In-School Program

The school year is an amazing opportunity to create lasting bonds with students. Often, engaging students throughout the school year can strengthen participation in your weekend, after-school, and summer programs too. In this highly-informative workshop we will unveil the brand new YVC In-School Guidebook and provide you a transformative opportunity to learn about in-school programs, discover the tools to begin a new in-school program, or enhance your program already in place.

**Facilitator:** Tiffany Bartley is the program director at YVC of Kansas City. Kristina Leedy and Makayla Harris act as program coordinators. When they are not working to impact youth through YVC, they all enjoy reading, writing, and journalism on various genres. If shopping at office supply stores was a hobby, it would be theirs! They can’t wait to collaborate with you to make the school year impactful!

### Heart of a Volunteer: You Can’t Pour from an Empty Cup: Stress Management Training

The heart of a volunteer is to give and give, but how do we recharge? Often we get so focused on others that we forget to take care of ourselves. In this workshop, we will discuss how to manage stress that occurs in the moment, self-care and mindfulness practice, and how to prevent burn out.

**Facilitator:** Jennifer Glenn is a professional counselor and art therapist. She works for the South Carolina Department of Mental Health as a school-based mental health therapist. She enjoys time with family, being outside, working with clay, and taking photographs. She is passionate about mental health and abolishing the stigma associated with it, promoting self-care, and helping others!

### Advocacy... Letting Decision Makers Know What You Need

With so many issues that relate to youth like education, bullying, human trafficking, substance abuse, mental health, physical activity, and of course, service opportunities…there are so many opportunities for youth to affect change in their communities. This workshop will give attendees the opportunity to create action steps to let decision makers know what is needed in communities and persuade them to support youth.

**Facilitator:** Carol Burdette is the former mayor of Pendleton, SC, and president of the board of directors for the Municipal Association of South Carolina. Currently she is the CEO of United Way of Anderson County and chair of the Public Policy Committee of the United Way Association of SC. Carol has worked with decision makers at every level of government and can help you feel comfortable in your role as a youth advocate.

### You Have Questions? They’ve Got Answers: Ask the Founders

Have you ever wondered what it would take to become the founder of a non-profit organization? Learn from three incredible nonprofit founders who all share one commonality—the belief that young people can change the world! Hear their stories and ask your questions!

**Facilitator:** Robert Young founded The Beauty and Praise of Altruists Foundation in 2016. The foundation provides tangible assistance for disadvantaged people in need through charitable organizations and crowdfunding platforms. Amy Croll, co-founder and executive director of Community Youth Concepts, brings more than 20 years of experience working directly with youth and in youth development program and policy development. David Battey founded YVC in 1987 and is still at the helm as president. David has been to over 100 countries, but his favorite thing is meeting youth volunteers in the U.S. and Canada.

### You Can’t Pour from an Empty Cup: Stress Management Training

The heart of a volunteer is to give and give, but how do we recharge? Often we get so focused on others that we forget to take care of ourselves. In this workshop, we will discuss how to manage stress that occurs in the moment, self-care and mindfulness practice, and how to prevent burn out.

**Facilitator:** Jennifer Glenn is a professional counselor and art therapist. She works for the South Carolina Department of Mental Health as a school-based mental health therapist. She enjoys time with family, being outside, working with clay, and taking photographs. She is passionate about mental health and abolishing the stigma associated with it, promoting self-care, and helping others!
News from HQ (Evaluation and Ydat)  
Ballroom A

There’s a lot going on at YVC these days! Are you up to speed? Come learn about our network-wide evaluation and how to use it for your program’s benefit. Join us as we finally unveil the new Ydat!

Facilitator: Leah Boal is the manager of affiliate programming at YVC. She enjoys working with affiliates across the network to strengthen and support programs. Outside of YVC, Leah spends her time hiking, cooking, gardening, and avoiding running. Amanda Moser is the director of program impact. When she isn’t driving across Kansas and Missouri with a VISTA to help start a new YVC program, she’s reading, journaling, and avoiding running.

Hotel Map

Grand Magnolia Ballroom

Ballroom C  Ballroom B  Ballroom A
Thousands of youth volunteers serve with YVC each year, and these 26 International Youth Advisory Board (IYAB) members represent each and every one of those volunteers. IYAB members attending the Summit will be holding their annual in-person meeting here. Introducing the 2018-2019 IYAB:

**International Youth Advisory Board**

Keory Ancrum*
Charleston, SC

Audra Beeson
Muskogee, OK

Sarah Campbell
Ann Arbor, MI

Andy Chek
Philadelphia, PA

Micah Chen
Danbury, CT

Hannah Christison
Corvallis, OR

Leah Craig*
St. Joseph, MO

Grace Davidson
Terrace, BC

Anisha Fujii
Ann Arbor, MI

Ian Gimino*
Corvallis, OR

Olivia Glenn
Alexandria, LA

Jonathan Hoepner
Manhattan, KS

Jessica Hovermale
Corvallis, OR

Malorie Hunt
Cedar City, UT

Jessica Jiang*
Philadelphia, PA

Claire Kellick
St. Louis, MO

Patton Meacham
Kansas City, MO

Martina Min
Calgary, AB

Jenny Nguyen
Des Moines, IA

Connor Lang
Calgary, AB

Paula-Ann Robertson*
Hampton Roads, VA

Catarina Silva*
Danbury, CT

Sashank Sridhar
Reading, PA

Zoe Thompson
Kansas City, MO

Ayrika Fant
Anderson, SC

Brett Budnik
Alpena, MI

* Indicates youth who also serve as YVC Brand Ambassadors

Interested in serving on IYAB next year? Applications will be available next spring. Follow YVC on social media to be the first to know!

Connect with YVC

Share your photos. Tell your story. Meet new friends. Use #YVCSummit on social media.
YVC Affiliates

ALBERTA
Calgary | Hosted by Youth Central
Victoria Stosky, Program Coordinator: yvc@youthcentral.com, 403-266-5448

BRITISH COLUMBIA
Terrace | Hosted by Volunteer Terrace
Adrienne Davidson, Program Director: vtyvc3@gmail.com, 250-638-1330

CONNECTICUT
Danbury | Hosted by United Way of Western Connecticut
Morgan Greening, Program Director: morgan.greening@uwwesternct.org, 203-297-6736

IOWA
Des Moines | Hosted by Community Youth Concepts
Nicole Rottinghaus, Program Director: nicole@cyconcepts.org, 515-243-4292

KANSAS
Kansas City | Hosted by YMCA of Greater Kansas City
Tiffany Bartley, Program Director: tiffanybartley@kansascityymca.org, 913-387-2430
Manhattan | Hosted by Flint Hills Volunteer Center
Lori Bishop, Executive Director: loribishop.rsvp@gmail.com, 785-776-7787
Topeka | Hosted by Youth Volunteer Corps Headquarters
topekayvc@gmail.com, 816-472-9822
Wichita | Hosted by Youth Volunteer Corps Headquarters
yvcwchita@gmail.com, 816-472-9822

LOUISIANA
Alexandria | Hosted by the Rapides Foundation
Matt LaBorde, Program Director: matt@rapidesfoundation.org, 318-443-3394
Baton Rouge | Hosted by Boys & Girls Clubs of Greater Baton Rouge
Takara Abuwi, Program Director: takara@brclubs.org, 225-383-3928

MICHIGAN
Alpena | Hosted by Boys and Girls Club of Alpena
Lauren Ostwald, Program Director: yvcalpena@gmail.com, 989-358-5245

Ann Arbor | Hosted by Ann Arbor YMCA
Abbey Davis, Program Director: adavis@annarborymca.org, 734-661-8012
Plymouth | Hosted by Plymouth Family YMCA
Taylor Tinsley, Program Director: taylor.tinsley@ymcadetroit.org, 734-453-2904
Southgate | Hosted by Downriver Family YMCA
Sharon Karpinski, Program Director: skarpinski@ymcadetroit.org, 734-655-0345

MISSOURI
Columbia | Hosted by Youth Volunteer Corps Headquarters
yvcolumbia@gmail.com, 816-472-9822
Jefferson City | Hosted by Youth Volunteer Corps Headquarters
yvcjeffersoncity@gmail.com, 816-472-9822
Joplin | Hosted by Youth Volunteer Corps Headquarters
Laura Noonan, Program Director: yvcjoplin@gmail.com, 816-472-9822
Kirkville | Hosted by Youth Volunteer Corps Headquarters
yvcjoplin@gmail.com, 816-472-9822
Springfield | Hosted by Youth Volunteer Corps Headquarters
Roger King, Program Director: yvcspringfield@gmail.com, 816-472-9822
St. Joseph | Hosted by Youth Alliance
Anita Jolly, Program Director: ajolly@youth-alliance.org, 816-232-0050
St. Louis | Hosted By Mid-County Family YMCA
314-962-9450

MONTANA
Billings | Hosted by Volunteer Center of United Way of Yellowstone County
Pam Sanderson, Program Director: psanderson@uwyellowstone.org, 406-272-8510

NEW YORK
Queens | Hosted by Greater Ridgewood Youth Council
Rob Monahan, Program Director: rob@stempassport.com, 718-456-5437

NORTH DAKOTA
Fargo | Hosted by Family Wellness
Matthew Melchior, Program Director: matthew.melchior@sanfordhealth.org, 701-234-7001
OKLAHOMA
Muskogee | Hosted by Muskogee Parks and Recreation
Eileen Van Kirk, Program Director: evankirk@muskogeeparks.org, 918-684-6395 x1486

OREGON
Corvallis | Hosted by City of Corvallis Parks and Recreation Department
Robert Thornberg, Program Director: robert.thornberg@corvallisoregon.gov, 541-754-1706

PENNSYLVANIA
Philadelphia | Independent YVC
Greg Lynch, Executive Director: glynch@yvccorvallis.org, 215-727-8556

Reading | Hosted by VOICEup Berks
Christie Botterbusch, Program Director: christieb@voiceupberks.org, 610-914-2615

SOUTH CAROLINA
Anderson | Hosted by United Way of Anderson County
Ellie Phillips, Program Director: ellie.phillips@uwandersoncnty.com, 864-226-3438

Charleston | Hosted by Mayor’s Office for Children, Youth & Families
Jennifer Gorham, Program Director: gorhamj@charleston-sc.gov, 843-965-4190

Columbia | Hosted by Youth Volunteer Corps Headquarters
Carrie Hodge, Program Director: yvccolumbiasc@gmail.com, 816-472-9822

UTAH
Cedar City/St. George | Hosted by Five County Association of Governments
Cindy Rose, Program Director: crose@fivecounty.utah.gov, 435-867-8384

VIRGINIA
Hampton Roads | Independent YVC
Katie Morgan, Executive Director: kmorgan@yvchr.org, 757-223-7078

Staunton | Hosted by Staunton-Augusta Family YMCA
Chris Lassiter, Program Director: chris@saymca.org, 540-416-1413

WISCONSIN
Racine | Hosted by Volunteer Center of Racine
Michelle Ortwein, Executive Director: mortwein@volunteercenterofracine.org, 262-886-9612
Hotel Etiquette

What you do while at Summit directly reflects on you, your affiliate program, and YVC as a whole. Please be mindful of your behavior while inside the hotel and be respectful of other guests so that they enjoy their time in Charleston as well. Please walk in hallways, use furniture properly, and keep the noise level in your room to a dull roar.

Wifi login information

Sterling Hall:
Network: @Hyatt_Meeting
Passcode: Sterlinghall

Hyatt Place:
Wi-fi login information and wi-fi info will be given by the front desk upon arrival.

Hotel Etiquette

What you do while at Summit directly reflects on you, your affiliate program, and YVC as a whole. Please be mindful of your behavior while inside the hotel and be respectful of other guests so that they enjoy their time in Charleston as well. Please walk in hallways, use furniture properly, and keep the noise level in your room to a dull roar.

Lost and Found

Head to the YVC Store if you lost an item to see if someone has turned it in there, and make sure to tell your program director if you’re missing something!

Summit Challenge

Complete one of the tasks below and post it using #YVCSummitChallenge on Instagram, Facebook, or Twitter to enter the Summit Challenge! YVC Brand Ambassadors will select a winning post for each individual task, as well as an overall winning post from the entire weekend. Winners will receive YVC swag and be featured on YVCHQ’s social media pages!

1. Best hotel room view
2. Boomerang jumping picture at Marion Square, Downtown Charleston
3. Collage of selfies with each YVCHQ staff member
4. Best photobomb with YVC President, David Battey
5. Biggest group to spell out Y-V-C with their bodies
6. Collage of pictures with each new friend you’ve made at Summit

Make your post really stand out by having:
- Multiple YVC affiliates represented
- Visible YVC logo(s)
- Creative caption
- Quality photo/video

Important Info

Map of the Area

Sterling Hall:
Wi-fi login information and wi-fi info will be given by the front desk upon arrival.

Lost and Found

Head to the YVC Store if you lost an item to see if someone has turned it in there, and make sure to tell your program director if you’re missing something!
THANK YOU

to the Sunderland Foundation

The Sunderland Foundation’s generous support of YVC has made it possible for 2,156 youth to serve 7,904 hours on construction projects in communities across North America.
Stock Up at the YVC Store!

Hats $12
Water Bottles $10
Pop Sockets $12
Vinyl Stickers $2
Sweatshirts $20
Sunglasses $5

Stock up on all of this and more at the YVC Store, open:

**Thursday:**
- 7:00 - 9:00 p.m.
**Friday:**
- 7:30 - 8:00 a.m.
- 9:00 - 9:15 a.m.
- 10:45 - 11:00 a.m.
- 12:30 - 1:45 p.m.
**Saturday:**
- 7:30 - 8:00 a.m.
- 10:00 - 10:15 a.m.
- 11:45 a.m. - 12:00 p.m.
- 1:00 - 1:15 p.m.
- 2:45 - 3:00 p.m.

Credit cards and cash are accepted.
Limited quantities available.